

MARIETTA MEMORIAL HOSPITAL
Department of Bariatric and General Surgery

PROVIDER

Emmanuel Agaba MD, FRCSED, FACS

LOCATION

Marietta Memorial Hospital
400 Matthew Street, Suite 200
Marietta, Ohio

PHONE NUMBER

(740) 434-0565

GO-LYTELY Bowel Prep

Please - No roughage (raw fruits, vegetables, nuts, or whole grains) for three (3) days before the colonoscopy.

THE DAY BEFORE YOUR PROCEDURE

Prepare Go-Lytely according to instructions on bottle and refrigerate it for later use. **DO NOT ADD ICE.**

CLEAR LIQUIDS ALL DAY:

Breakfast, lunch, and dinner: All Clear Liquids—Clear soup broth, lemon or lime Jell-O, water, coffee or tea, 7UP®, Sprite®, Ginger Ale, banana popsicles, apple juice, white grape juice, white cranberry juice (nothing red, orange or purple). No milk or milk products. No alcohol.

****IF YOU ARE DIABETIC, PLEASE USE SUGAR FREE PRODUCTS.**

You will receive a phone call after 1 p.m. the day before your procedure for your arrival time. If you are scheduled for a procedure on a Monday, they will call you the Friday before the procedure.

FOLLOW THESE STEPS

1 p.m. Start drinking a glass of Go-Lytely solution every 10-20 minutes until it is completely gone. Drink plenty of clear liquids throughout the day!

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT
- NO FOOD, GUM, MINTS, CANDY, TIC TACS, OR WATER

Medications: Do not take Ibuprofen, Aleve®, or any NSAIDs (Nonsteroidal anti-inflammatory drugs) five (5) days prior to your procedure. You may take Tylenol®. If you use an inhaler, use it the morning of your procedure and bring rescue inhaler.

DAY OF PROCEDURE

- You may take necessary medications with a sip of water.
- Go to the surgery department at the time specified by Marietta Memorial Hospital's Department of Surgery.
- **All patients are required to have a way home. We do not conduct procedures on patients unless they have someone to drive them home.**

24 Hour Nurse Line

Our registered nurses (RN) take calls 24 hours a day, 7 days a week. With special training, our team can help talk through your concerns, review your symptoms, and point you in the right direction of care. Call **(844) 474-6522** anytime you need.



**MEMORIAL
HEALTH SYSTEM**

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