



Marietta Memorial Hospital Department of Gastroenterology

Juan Tejada, MD | Shelley Davis, NP | Rosa Nardo, PA

400 Matthew Street, Suite 201 Marietta, OH 45750 | (740) 568-4590 | Fax (740) 568-4592

Suprep Checklist for Colonoscopy

1 DAY PRIOR TO PROCEDURE

- Begin a clear, liquid diet** (i.e clear soup broth, lemon/lime Jell-O, water, coffee, tea, Sprite, Ginger-Ale, apple juice/white grape juice). Avoid liquids with red, orange, blue, or purple food coloring as well as milk, alcohol, and solid foods.
- Drink at least 8 glasses of water** during the day to avoid dehydration.
- 5PM:** Pour one 6-ounce bottle of Suprep liquid into a mixing container. Add cool, drinking water until the liquid reaches the 16-ounce line on the mixing container and mix. Drink the liquid and follow it with two more 16-ounce containers of water over the next hour.
- 10PM:** Repeat steps completed at 5PM.

DAY OF PROCEDURE

- Avoid eating or drinking** unless you have been instructed otherwise.
- Take necessary medications** with a small sip of water.
- Arrive at the hospital** at your specified procedure time.
- Bring a trusted individual with you or have them arrive following your procedure to drive you home. **You are required to have a driver.**

Your preferred pharmacy is listed as: _____

This prep will be sent to your pharmacy.



Marietta Memorial Hospital Department of Gastroenterology

Juan Tejada, MD | Shelley Davis, NP | Rosa Nardo, PA

400 Matthew Street, Suite 201 Marietta, OH 45750 | (740) 568-4590 | Fax (740) 568-4592

Frequently Asked Questions:

What can I expect as I ingest Suprep?

Mild nausea, mild hunger, and/or profuse, watery bowel movements.

When should I go to the emergency room?

Call our office if you are unsure if you should visit the emergency room. Bodily responses that may require you to go to the emergency room involve intolerable nausea/vomiting, intolerable abdominal pain, and/or bloody stools.

May I continue to take my daily aspirin and/or pain medications?

You may take this the day prior to your procedure, but please do not take the day of your procedure.

May I continue to use my inhaler?

Yes. Use your inhaler the morning of your procedure and bring it with you to the hospital.