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RESPIRATOR TESTING

Patient Name: _____ Date: _____

Company/Local Union #: _____

Social Security #: _____ Date of Birth: _____

I consent to the release of the findings of this test to my employer, and if required, to the owner or operator of the facility at which I am to be considered for employment or continued employment.

 Signature Date

MEDICAL RELEASE TO WEAR RESPIRATOR

- This employee has no apparent abnormal findings or medical history responses that would prevent him/her from wearing a respirator.
- This employee has significant abnormal medical findings or medical history responses, which prevent him/her from wearing a respirator.
- This employee has significant abnormal medical findings or medical history responses, which will require approval from his/her attending physician stating he/she is able to wear a respirator.

Comments: _____

 Occupational Health Technician Date Medical Director Date

Written medical clearance provided on _____ Date Approved to wear respirator Yes No

 Medical Director Date

RESPIRATOR FIT TESTING

Fit Testing Not Requested

- Test Type: Saccharin Isoamyl Acetate Portacount
 Mask Type: Single Use 1/2 Face Full Face
 Self Contained Breathing Apparatus Other _____

Brand _____ Model _____ Size _____ PASS FAIL

Brand _____ Model _____ Size _____ PASS FAIL

Brand _____ Model _____ Size _____ PASS FAIL

Brand _____ Model _____ Size _____ PASS FAIL

 Occupational Health Technician Date Location of Testing: ON SITE IN OFFICE
 (circle one)

The measurement provided by this method is an assessment of respirator fit during a fit test only. Respirator fit at other times will vary. The fit factor value is not intended for use in estimating an individual's actual exposure to hazardous substances.

OSHA Respirator Medical Evaluation Questionnaire

To The Employee: **Can You Read? (circle one)** **YES** **NO**

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator (please print).

1. Your Name: _____ Date: _____

2. Address: _____

3. City: _____ State: _____ Zip: _____

4. Your age (to nearest year): _____ Date of Birth: _____ SS# _____

5. Sex (circle one): Male Female

6. Your Height: _____ ft. _____ in. Blood Pressure: _____ Pulse: _____
Repeat BP: _____

7. Your Weight: _____ lbs.

8. Your Job Title: _____

9. A phone number where you can be reached by the health care professional who reviews this questionnaire (Include Area Code): _____

10. The best time to phone you at this number: _____

11. Has your employer told you how to contact the health care professional who will review this questionnaire (circle one): YES NO

12. Check the type of respirator you will use (you can check more than one category):

a. _____ N,R, or P disposable respirator (filter-mask, non-cartridge type only)

b. _____ Other type (for example, half- or full-face piece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

13. Have you worn a respirator (circle one): Yes No

If "yes", what type (s): _____

Name: _____

Date: _____

Part A. Section 2. (Mandatory) Questions 1 through 9 must be answered by every employee who has been selected to use any type of respirator (please circle “yes” or “no”).

- | | | |
|--|-----|----|
| 1. Do you currently smoke tobacco, or have you smoked tobacco in the last month: | Yes | No |
| 2. Have you ever had any of the following conditions? | | |
| a. Seizures (fits): | Yes | No |
| b. Diabetes (sugar disease): | Yes | No |
| c. Allergic reactions that interfere with your breathing: | Yes | No |
| d. Claustrophobia (fear of closed-in places): | Yes | No |
| e. Trouble smelling odors: | Yes | No |
| 3. Have you ever had any of the following pulmonary or lung problems? | | |
| a. Asbestosis: | Yes | No |
| b. Asthma: | Yes | No |
| c. <i>Chronic</i> bronchitis: | Yes | No |
| d. Emphysema: | Yes | No |
| e. Pneumonia: | Yes | No |
| f. Tuberculosis: | Yes | No |
| g. Silicosis: | Yes | No |
| h. Pneumothorax (collapsed lung): | Yes | No |
| i. Lung cancer: | Yes | No |
| j. Broken ribs: | Yes | No |
| k. Any chest injuries or surgeries: | Yes | No |
| l. Any other lung problems that you’ve been told about: | Yes | No |
| 4. <i>Do you currently have any</i> of the following symptoms of pulmonary or lung illness? | | |
| a. Shortness of breath: | Yes | No |
| b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: | Yes | No |
| c. Shortness of breath when walking with other people at an ordinary pace on level ground: | Yes | No |
| d. Have to stop for breath when walking at your own pace on level ground: | Yes | No |
| e. Shortness of breath when washing or dressing yourself: | Yes | No |
| f. Shortness of breath that interferes with your job: | Yes | No |
| g. Coughing that produces phlegm (thick sputum): | Yes | No |
| h. Coughing that waked you early in the morning: | Yes | No |
| i. Coughing that occurs mostly when you are laying down: | Yes | No |
| j. Coughing up blood in the last month: | Yes | No |
| k. Wheezing: | Yes | No |
| l. Wheezing that interferes with your job: | Yes | No |
| m. Chest pain when you breathe deeply: | Yes | No |
| n. Any other symptoms that you think may be related to lung problems: | Yes | No |

Name: _____

Date: _____

5. Have you ever had any of the following cardiovascular or heart problems?
- | | | |
|---|-----|----|
| a. Heart attack: | Yes | No |
| b. Stroke: | Yes | No |
| c. Angina: | Yes | No |
| d. Heart failure: | Yes | No |
| e. Swelling in your legs or feet (not caused by walking): | Yes | No |
| f. Heart arrhythmia (heart beating irregularly): | Yes | No |
| g. High blood pressure: | Yes | No |
| h. Any other heart problem that you have been told about: | Yes | No |
6. Have you ever had any of the following cardiovascular or heart symptoms?
- | | | |
|---|-----|----|
| a. Frequent pain or tightness in your chest: | Yes | No |
| b. Pain or tightness in your chest during physical activity: | Yes | No |
| c. Pain or tightness in your chest that interferes with your job: | Yes | No |
| d. In the past two years, have you noticed your heart skipping a beat: | Yes | No |
| e. Heartburn or indigestion that is not related to eating: | Yes | No |
| f. Any other symptoms that you think may be related to heart or circulation problems: | Yes | No |
7. Do you currently take medication for any of the following problems?
- | | | |
|--------------------------------|-----|----|
| a. Breathing or lung problems: | Yes | No |
| b. Heart trouble: | Yes | No |
| c. Blood pressure: | Yes | No |
| d. Seizures (fits): | Yes | No |
8. If you've used a respirator, have you had any of the following problems? (If you've never used a respirator, check the following space and go to question 9):
- | | | |
|---|-----|----|
| a. Eye irritation: | Yes | No |
| b. Skin allergies or rashes: | Yes | No |
| c. Anxiety: | Yes | No |
| d. General weakness or fatigue: | Yes | No |
| e. Any other problem that interferes with your use of a respirator: | Yes | No |
9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire?
- | | | |
|--|-----|----|
| | Yes | No |
|--|-----|----|

Name: _____

Date: _____

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full face-piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

- | | | |
|---|-----|----|
| 10. Have you ever lost vision in either eye (temporarily or permanently)? | Yes | No |
| 11. Do you currently have any of the following vision problems? | | |
| a. Wear contact lenses | Yes | No |
| b. Wear glasses | Yes | No |
| c. Color Blind | Yes | No |
| d. Any other eye or vision problem | Yes | No |
| 12. Have you ever had an injury to your ears, including a broken eardrum? | Yes | No |
| 13. Do you currently have any of the following hearing problems? | | |
| a. Difficulty hearing | Yes | No |
| b. Wear a hearing aid | Yes | No |
| c. Any other hearing or ear problem | Yes | No |
| 14. Have you ever had a back injury? | Yes | No |
| 15. Do you currently have any of the following musculoskeletal problems? | | |
| a. Weakness in any of your arms, hands, legs, or feet | Yes | No |
| b. Back pain | Yes | No |
| c. Difficulty fully moving your arms and legs | Yes | No |
| d. Pain or stiffness when you lean forward or backward at the waist | Yes | No |
| e. Difficulty fully moving your head up or down | Yes | No |
| f. Difficulty fully moving your head side to side | Yes | No |
| g. Difficulty bending at your knees | Yes | No |
| h. Difficulty squatting to the ground | Yes | No |
| i. Climbing a flight of stairs or a ladder carrying more than 25 lbs. | Yes | No |
| j. Any other muscle or skeletal problem that interferes with using a respirator | Yes | No |