

MARIETTA MEMORIAL HOSPITAL
DEPARTMENT OF SURGERY

PROVIDER

Bradley Carman, DO
Emmett Lotton, MD
Tuan Nguyen, MD

LOCATION

Marietta Memorial Hospital
400 Matthew Street, Suite 401
Marietta, Ohio

PHONE NUMBER

(740) 374-2252

GO-LYTELY Bowel Prep

Please - No roughage (raw fruits, raw vegetables, nuts, or whole grains) for three (3) days before the colonoscopy.

THE DAY BEFORE YOUR PROCEDURE

Prepare Go-Lytely according to instructions on bottle and refrigerate it for later use. **DO NOT ADD ICE.**

CLEAR LIQUIDS ALL DAY:

Breakfast, lunch, and dinner: All Clear Liquids—Clear soup broth, lemon or lime Jell-O, water, coffee or tea, 7UP®, Sprite®, Ginger Ale, banana popsicles, apple juice, white grape juice, white cranberry juice (nothing red, orange or purple). No milk or milk products. No alcohol.

****IF YOU ARE DIABETIC, PLEASE USE SUGAR FREE PRODUCTS.**

You will receive a phone call after 1 p.m. the day before your procedure for your arrival time. If you are scheduled for a procedure on a Monday, they will call you the Friday before the procedure.

FOLLOW THESE STEPS

1 p.m. Start drinking a glass of Go-Lytely solution every 10-20 minutes until it is completely gone. Drink plenty of clear liquids throughout the day!

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT
- NO FOOD, GUM, MINTS, CANDY, TIC TACS, OR WATER

Medications: Do not take Ibuprofen, Aleve®, or any NSAIDs (Nonsteroidal anti-inflammatory drugs) five (5) days prior to your procedure. You may take Tylenol®. If you use an inhaler, use it the morning of your procedure and bring rescue inhaler. Do not take any vitamins or herbal supplements five (5) days prior to your surgery.

DAY OF PROCEDURE

- You may take necessary medications with a sip of water.
- All patients are required to have a way home. We do not conduct procedures on patients unless they have someone to drive them home.

24 Hour Nurse Line

Our registered nurses (RN) take calls 24 hours a day, 7 days a week. With special training, our team can help talk through your concerns, review your symptoms, and point you in the right direction of care. Call (844) 474-6522 anytime you need.



MEMORIAL
HEALTH SYSTEM

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