

COMMUNITY

HealthLine

SUMMER '23

LARGEST-EVER HEALTHCARE INVESTMENT IN SOUTHEAST OHIO

Introducing Our
**PEDIATRIC
EMERGENCY
DEPARTMENT**

The Hardest
KEPT SECRET



COMMUNITY HEALTHLINE BY



**MEMORIAL
HEALTH SYSTEM**

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PUSHING THE BOUNDARIES

Scott Cantley
President & CEO
Memorial Health System

Dear friends,

This summer has been a whirlwind of activity and excitement for our health system, team members, and community! It began in June with the announcement of our intent to build a new Sistersville General Hospital, thanks to generous donors and a \$9 million grant from the West Virginia Water Development Authority. We'll begin work later this year and are so excited to provide Sistersville and surrounding areas with a modern hospital required for today's care. There's more about the new hospital on page 7.

In July we announced the largest-ever healthcare investment in Southeast

Ohio—thanks to local donors and the state of Ohio who invested over \$30 million—to build a Women and Children's Hospital on our Belpre Medical Campus in partnership with Akron Children's Hospital. Read more about these important donors and what this means for healthcare in this region on page 10.

Also, in July we shared the acquisition and addition of Athens Surgical Services in Athens, Ohio. With this new addition, the location will perform outpatient surgeries that allow the Athens community to stay local with their care instead of traveling to Belpre or Marietta. To

learn more about Athens Surgical Services, go to page 20.

The first week in August we announced yet another initiative that will transform care in this region. Memorial Health System is now the 46th member of the Mayo Clinic Care Network! As members of the Mayo Clinic Care Network, a group of carefully vetted, independent healthcare organizations, we have special access to Mayo Clinic's knowledge and expertise. Read more on page 14.

This was a very exciting day for our system, patients, and community. This new

collaboration with Mayo Clinic helps us fulfill our mission to bring the best healthcare and highest clinical expertise to our communities so people can receive care at home. Our mission and values align with Mayo Clinic's, and we are honored to call ourselves a part of this network.

We continue to appreciate your support as you look to us to deliver outstanding care. Wishing you a happy end to the hazy days of summer. ☀️



SIGN UP

HealthLine is a FREE publication to the community. If you or someone you know would like to receive this publication, please visit mhsystem.org/Healthline and fill out an online form or contact Marketing at (740) 376-1972.

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To unsubscribe from our mailing list, please call (740) 376-1972. To contact the main line of Memorial Health System, please call (740) 374-1400.

APPOINTMENTS THAT FIT YOUR SCHEDULE, THAT'S EXPECTING MORE!



As a primary care patient, you can receive quick urgent care diagnosis and treatment for FREE by using MemorialCareNow. If you aren't already a primary care patient, you can use this service for just \$49.99 (we currently do not accept insurance for MemorialCareNow visits).

THAT'S EXPECTING MORE
THAT'S MEMORIAL HEALTH SYSTEM
mhsystem.org/MemorialCareNow



MEMORIAL
HEALTH SYSTEM

NEW PROVIDERS



Jean Scott, PhD
Behavioral Health

"I became a psychologist because I enjoy talking to, understanding, and helping people. I believe the therapeutic relationship is essential to helping others achieve success through therapy."



Cassidy Erikson, PA
Primary Care

"I did not grow up in the Mid-Ohio Valley but it is certainly where I call home now. I am excited to have the benefit of seeing patients in the Mid-Ohio Valley and be able to take part in their care."



Matthew Perry, NP
Cardiology

"I decided to practice cardiology in the Mid-Ohio Valley because this is my home, and my family has been affected by heart disease over many generations."



Oscar Silva, MD
Primary Care

"I value the importance of helping others and achieving great results with responsibility and great effort. I'm proud to be caring for patients in the Mid-Ohio Valley."



Traci Livingston, NP
Cardiology

"With heart disease being the leading cause of death worldwide, I chose to practice cardiology. It is very rewarding to help patients understand how they can manage risk factors or aid them in overcoming a significant cardiac event."



Lindsey Welsh, PA
Cardiology

"I am excited to join the team at Memorial Health System to provide patient centered care to the people of the Mid-Ohio Valley."



John Ward, MD
Primary Care

"I am proud to be part of a team that shares my passion for excellence, where every day presents an opportunity to make a meaningful impact in the lives of those we serve."



Looking for a new provider
or want to schedule an
appointment?

Call our referral line at

(740) 568-5241

A Modern Hospital is Coming to Sistersville

Memorial Health System is pleased to announce it will begin working on a new replacement hospital for the existing Sistersville General Hospital on land, directly across from its current location. The new 30,000-square-foot facility will provide Sistersville and surrounding areas with a modern hospital that adapts to modern healthcare needs. The new hospital will also feature state-of-the-art imaging and lab services, eight inpatient beds, and added specialty services such as cardiology. It will also offer additional space for the community with 'community spaces' for meetings, educational classes, and events.




Proposed rendering of Sistersville General Hospital (subject to change).

In addition to the new hospital, aging medical office buildings in Middlebourne, Sistersville, and St. Marys, West Virginia will be replaced. All clinics will offer our patients and caregivers an inviting, comfortable atmosphere with modern decor. Attracting providers to rural areas to practice and establish their homes requires us to provide facilities, tools, and

medical amenities they are accustomed to during medical training.

Since Memorial Health System purchased Sistersville General Hospital in 2020, it has expanded the services offered to the community. In addition to the emergency department and clinics that existed before the purchase, Memorial Health System has added a specialty clinic

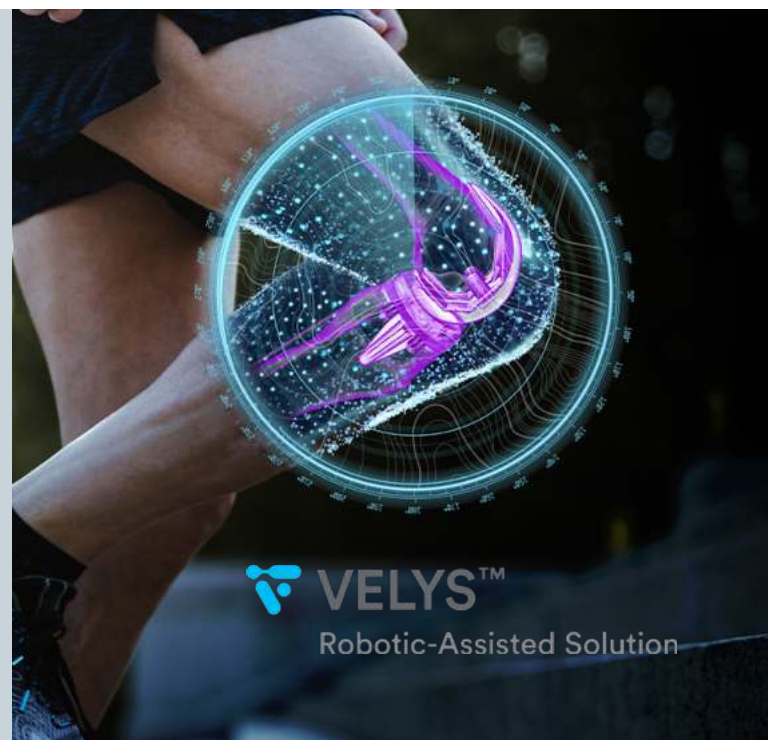
that features services such as orthopaedics, wound care, and podiatry. Memorial Health System also moved Sistersville to electronic medical records, which are accessible at any Memorial Health System location so providers can have access to records to provide the best care possible. 

DIGITAL PRECISION. THAT'S EXPECTING MORE!

Every knee is different, as is every patient requiring a knee replacement procedure.

That is why the VELYS™ Robotic-Assisted Solution was designed to help surgeons perform a knee replacement with the use of data that's tailored to each patient's anatomy, which may help provide predictable results to improve outcomes, increase mobility, and help patients recover faster.

mhsystem.org/Surgery





Lighting the Way to Specialized Care in the Mid-Ohio Valley



On July 14th we humbly announced to our community members a tremendous milestone that directly affects the health care of our region's youngest patients and their loved ones.

Now located at Memorial Health System's Belpre Medical Campus, we are pleased to house the region's only Pediatric Emergency Department (ED) with our unique partnership with

Akron Children's Hospital.

Memorial Health System's Director of Emergency and Urgent Care Services, Brian Scharfenberg, DO, spoke to the announcement of the ED by saying:

"Where we are standing, the Pediatric Emergency Department really represents a foundation and a cornerstone of a new era for healthcare in this region."

Dr. Scharfenberg continues, "It would be wonderful to live in a world where children don't get sick or injured. But that's not the case."

With the southeastern part of Ohio being the only corner of the state without pediatric-focused care, our pediatric patients and their loved ones are oftentimes forced to travel hours away from home to receive the emergency care needed.

Recognizing the urgent need to improve access to specialized care, particularly for pediatric patients, Memorial Health System embarked on a mission to expand its capabilities and established a top-in-nation Pediatric ED staffed by experienced, board-certified pediatric emergency providers. Through a fruitful partnership with Akron Children's Hospital, Memorial Health System can



now deliver this critical care close to home, eliminating the burdensome travel associated with emergencies.

Over 6,200 square feet of Memorial Health System's Pediatric ED is thoughtfully designed to create a healing environment, tailored to children of all ages with eight private rooms. Being connected to the existing Belpre Medical Campus ED, the Pediatric ED can

seamlessly share services such as radiology, lab, and the blood bank to further enhance the quality of care provided.

Partnering with Akron Children's Hospital provides the health system with the ability to deliver an all-encompassing emergency experience for pediatric patients with board-certified pediatric emergency providers who possess years of experience in treating

children. Standing alongside our providers are the highly trained nurses and care staff who have been greatly anticipating this development for a long time.

This partnership brings with it transformative care and capabilities for our region's pediatric patients. For us, it brings the joy and pride of keeping our patients local with expert quality of care right here at home. For

our community members throughout the region, we hope that 'confidence' is the first word that comes to mind.

The Pediatric Emergency Department will be open by year-end. 📍



**SCAN
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MORE!**



LARGEST-EVER HEALTHCARE INVESTMENT IN SOUTHEAST OHIO

The Region's Only Women & Children's Hospital

Joining the Belpre Medical Campus in the future, Memorial Health System (MHS) also announced the upcoming construction of the region's only Women and Children's Hospital, in partnership with Akron Children's Hospital (ACH), on July 14th.

At the announcement of the Pediatric ED, the health

system also announced the unprecedented \$30 million investment from the state of Ohio for the upcoming construction of the region's only Women and Children's Hospital. Ohio State Representative Jay Edwards has enabled the establishment of a state-of-the-art facility that brings specialized care to Southeast Ohio where the need for the care is critical.

The southeastern part of Ohio has long experienced a lack of specialized pediatric and women's care, leaving patients and their loved ones unable to access crucial services locally.

Neonatal intensive care, pediatric emergency care, and comprehensive women's care, such as urology and gynecology, have often



CLOSER TO HOME

1,600 births will remain local. People needing NICU-level care in our region are currently traveling at least two hours away to get the specialty care needed for their children.



SPECIALTY CARE

The Women and Children's Hospital, built to care for the postpartum mother and newborn, fills existing care gaps currently causing patients to travel for care.



LEVEL II NICU

200 NICU infants can stay closer to family and loved ones. In 2021, approximately 40% of NICU infants were cared for at facilities outside the service area.

Proposed rendering of Memorial Health System's future Women and Children's Hospital.

Partners



MEMORIAL
HEALTH SYSTEM



Akron
Children's
Hospital

been unobtainable within the region, resulting in patients traveling at least 50 miles away from home for treatment or services. In 2021 alone, approximately 40% of neonatal intensive care unit (NICU) infants needing comprehensive care had to be cared for at facilities outside of the service area.

In alignment with Memorial Health System's strategy to be a comprehensive and high-quality regional health system, the forthcoming

Women and Children's Hospital, in partnership with Akron Children's Hospital, will address existing care gaps. This new facility will enable 1,600 local births, provide closer proximity for 200 NICU infants in need of NICU-level care, and grant access to essential specialty care for patients in the region.

Ohio State Representative Jay Edwards played a pivotal role in securing a transformative \$30 million donation for the Belpre Medical Campus'

forthcoming Women and Children's Hospital. Edwards states: "I am proud of the budget we built over the past few months, which lays a firm foundation for the future of our state through the expansion of access to care for all Ohioans. Belpre Medical Campus will be an indispensable resource to the 94th House District and this funding is well-deserved."

Jarrett Stull, Executive Director of Memorial Health Foundation, also announced significant contributions

from community partners towards the Women and Children's Hospital project. "We are incredibly grateful to Peoples Bank for their extraordinary donation of \$2.5 million. Their unwavering support will have a profound impact on our ability to provide exceptional care to women and children in our region. Their generosity exemplifies their commitment to the well-being of our community, and we are truly honored to have them as valued partners in this important

endeavor. Together, we will make a lasting difference in the lives of countless individuals and families."

"Peoples Bank is proud to call the Mid-Ohio Valley home and committed to making our community the best it can be," Chuck Sulerzyski, Peoples Bank President and CEO states.

In addition to Peoples Bank, Hall Financial Advisors and the Dave and Arlene Archer Family both individually pledged \$1 million each towards the project. Stull expressed deep appreciation for their contribution: "Hall Financial Advisors and

the Dave and Arlene Archer Family have shown remarkable philanthropy through their significant donations. Their partnership empowers us to make an even greater impact and create a brighter future for individuals and families in our community."

Christopher Hall, Founding Partner and CEO of Hall Financial says, "We understand the need for projects [MHS's Women and Children's Hospital] like these. Too many people in our community are challenged to access the care they need. A two-hour drive for some of us joined together today to reach

Columbus or Cleveland may not be that concerning; however, for a larger section of our community this is a huge barrier."

Hall continues, "To think about having a dedicated pediatric emergency department and soon a Women and Children's Hospital right here in the Mid-Ohio Valley, something that typically is only experienced in more urban areas, it is remarkable."

Mike Archer, Chairman of the Board of Trustees of MHS, and part of the Dave and Arlene Archer Family donation further testifies,

"The building of the first Women and Children's Hospital in Southeast Ohio is truly a game changer for the people of the Mid-Ohio Valley, and our family is proud to support this project, and the benefits it will bring to the women and children of our region."

As Memorial Health System continues its fundraising efforts, Stull emphasized the importance of community engagement. "We are excited to further engage our community as we continue our fundraising journey," he stated. "The support we have received thus far from individuals, organizations,



We are thrilled to be able to support building a world-class hospital for women and children—the first of its kind—right here at home."




Chuck Sulerzyski
Peoples Bank
President & CEO



and businesses has been inspiring. We look forward to working together to achieve our shared goal of enhancing healthcare services for women and children in southeast Ohio."

Memorial Health System is humbled and honored by the state's commitment to improving healthcare in southeast Ohio. The organization remains steadfast in its dedication to providing comprehensive, compassionate care to all those who entrust their

health to its services. Together with the state of Ohio and Akron Children's Hospital, Memorial Health System looks forward to a future of continued collaboration, innovation, and improved health outcomes for the communities it serves. 



SCAN
NOW,
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MORE!

Pictured below: President and CEO, Scott Cantley, and Ohio State Representative Jay Edwards, with children in our community



To think about having a dedicated pediatric emergency department and soon a Women and Children's Hospital right here in the Mid-Ohio Valley, something that typically is only experienced in more urban areas, it is remarkable."



Christopher Hall
Hall Financial
Founding Partner
& CEO



The Hardest Kept Secret;

NEWEST MEMBER OF THE MAYO CLINIC CARE NETWORK

It's no secret that the summer of 2023 has been Memorial Health System's (MHS) most exciting season with the most recent announcements of growth and prosperity.

Internally, our health system began the summer with plans for how we can communicate with our community members everything that we have been working towards. That included the reveal of our Pediatric Emergency Department, in partnership with Akron Children's Hospital, at the Belpre Medical Campus, the announcement of our upcoming Women and Children's Hospital, the amazing contributions from local benefactors, as well as the unprecedented and

largest-ever healthcare investment from the state of Ohio.

Then, in mid-July, we launched our new assistance program—The Student Nursing Investment Grant. Once again, an initiative was funded and supported greatly by outside sources that saw our values and goals and wanted to contribute to our efforts in improving healthcare in the Mid-Ohio Valley. The U.S. Department of Agriculture (USDA) then provided Memorial Health System with a \$10 million grant—the single largest in the country of the 172 projects funded through the grant—to ramp up the talent pipeline in the area.

Come early August, the most anticipated and hardest kept secret for health system leaders was ready to be revealed to our team members as well as our community members: Memorial Health System is now a proud member of the Mayo Clinic Care Network, the first member in Southeast Ohio.

Members of the Mayo Clinic Care Network, a group of carefully vetted, independent healthcare organizations, have special access to Mayo Clinic's knowledge and expertise.

"This is a very exciting day for our system, patients, and community," says Memorial Health System President and CEO Scott Cantley.

"This new collaboration with Mayo Clinic helps us fulfill our mission to bring the best healthcare and highest clinical expertise to our communities so people can receive care at home. Our mission and values align with Mayo Clinic's, and we are honored to call ourselves a part of this network."

Providers from Memorial Health System can combine their understanding of their patients' medical needs with Mayo Clinic expertise, so patients get the care they need, close to home.



**MAYO CLINIC
CARE NETWORK**
Member



“Our mission
and values
align with
Mayo Clinic’s,
and we are
honored to
call ourselves
a part of this
network.”

Scott Cantley
President & CEO





Scott Cantley, Memorial Health System, President, and CEO; Mark Larson, MD, Mayo Clinic, Medical Director; Steve Keiser, Memorial Health System, Vice Chairperson; Dan Breece, DO, Memorial Health System, Vice President, Physician Services and Chief Medical Officer

"We are pleased to welcome Memorial Health System to the Mayo Clinic Care Network," says Mark V. Larson, MD, Medical Director, of Mayo Clinic Care Network.

"Our organizations share a common mission and core values to bring our patients the highest level and quality of care. We are committed to providing Memorial Health System with our knowledge and expertise, especially in serious, rare,

and complex care, to help strengthen the care they deliver to their patients."

Through Memorial Health System's membership in the Mayo Clinic Care Network, its providers have access to Mayo Clinic clinical solutions and services.

"This collaboration will provide our medical staff with access to the tools and services of the Mayo Clinic, enabling them to share medical knowledge

and collaborate in ways that benefit our patients," says Memorial Health System Vice President of Physician Services and Chief Medical Officer, Dan Breece, DO.

"It brings tools, resources, research, and treatment recommendations to our patients, knowing they have the minds of our providers and the experts of Mayo Clinic working on their behalf. It will transform the delivery of care in our region.

Staff from Memorial Health System can use Mayo Clinic educational materials designed for patients, and access opportunities for professional development and continuous medical education.



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PROVIDER ACCESS



AskMayoExpert: a database of concise clinical information on hundreds of medical conditions, and includes medical protocols, treatment recommendations, and medical references.



eConsults: providers may contact Mayo Clinic specialists for second opinions on specific patient cases when they believe additional input will benefit their patients.




eBoards: live video conferences that enable medical teams to virtually review and discuss complex cases with a team of Mayo Clinic specialists and providers from Mayo Clinic Care Network health systems.



Health Care Consulting: grants access to Mayo's experience, knowledge, and subspecialty expertise to achieve clinical, operational, and business goals.



MORE MINDS. BETTER OUTCOMES.

Created in 2011, the Mayo Clinic Care Network has more than 45 member organizations across the U.S. and in Asia, India, Mexico, and the Middle East. 

OVER

1,000+ **Teddy Bears Donated**

in Memory of **Grayson Shreve**



Morgan Shreve (Grayson's mom) and Ashley DeSenze (Grayson's aunt).



It warms our hearts to see kids with big smiles on their faces & their bears.”

Ashley DeSenze
Grayson's Aunt

When Grayson Shreve passed away at only two months old, his family found themselves wanting to do something special in his memory.

Grayson's aunt, Ashley DeSenze, learned of the health system's Teddy Bear Fund—which gives stuffed animals to patients in the emergency department and hospital—from a previous co-worker whose grandson received a bear (and still has it). She knew after learning about the fund how she could carry on Grayson's memory while also supporting other pediatric patients in the area.

The Memorial Health Foundation Teddy Bear Fund has been available for patients for 37 years, after being

established in 1986. This fund provided a complimentary stuffed animal to comfort patients when treated throughout Memorial Health System.

Ashley rounded up support through a Facebook page, flyers, and even an Amazon wish list to make it easy for people to support the cause. When Ashley asked the owner of Almost Heaven Bath & Beauty if they would be willing to hang up a flyer for the cause, they went a step further; they offered to sell teddy bears at a wholesale price, for customers to purchase and then donate. The locally owned gift shop collected 104 bears in Grayson's memory.

Overwhelmed by the outpouring of love and support, Grayson's family ultimately collected 1,011 stuffed animals from people in West Virginia, Ohio, Pennsylvania, Virginia, and even as far away as Texas! The family also created and attached memorial tags to each bear with a photo of Grayson.

In the future, Grayson's family plans on collecting stuffed animals for the Teddy Bear Fund annually on his birthday. They even have a goal to collect stuffed animals from all 50 states.



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ABOUT THE TEDDY BEAR FUND

Bring comfort, joy, and a touch of adventure to the lives of our little heroes. Your generous donations to the Teddy Bear Fund will enable Memorial Health Foundation

to continue the cherished tradition of providing each child with a treasured stuffed animal—a loyal companion throughout their medical journey. These cuddly

friends will serve as their sidekicks, embarking on grand adventures and providing a source of strength and solace.



Keeping Health Care in Your Backyard

Memorial Health System (MHS) has expanded its care in Athens, Ohio with the addition of surgical services. With this new addition, the surgical center will perform outpatient surgeries that allow the Athens community to stay local instead of traveling to Belpre or Marietta to receive the care they need.

MHS providers, Jason Reed, MD (Orthopaedics), Kathleen Bertuna, MD

(Obstetrics and Gynecology), Charles Penvose, DPM (Podiatry), Gregory D'Eramo (Interventional Spine and Joint), and Rebecca Schuster, DO (Ear, Nose, and Throat) will all be providing services at the surgical center. With these talented providers, dedicated care teams, and a vast array of services, Memorial Health System is excited to show how we are investing in Athens and keeping health care here in your neighborhood. 📶



Our Athens surgery team celebrated their first cases on August 3, 2023! It was a successful day for our patients, our team members, and the community members who benefit from these services!



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Athens Surgical Services
20 University Estates
Boulevard, Suite 110
Athens, Ohio



New Episode!

A Gynecologist's
Explanation of
Urological Care with
Kathleen Bertuna, DO

Scan now to listen!



Beyond Expectations

■ The Art of Providing Unparalleled Obstetric Care

Here at Memorial Health System, we believe that every woman deserves compassionate and comprehensive health care. When it comes to obstetric (OB) care, trust and faith in a care team are crucial throughout the entire journey: establishing care in the very beginning, maintaining that care, and welcoming a new member to the family.

For patients like Victoria (Tori), her journey began with

worry and the hope of starting a family of her own.

Unlike previous experiences elsewhere, Tori found solace in the care provided by Memorial Health System. She found a team of dedicated providers who prioritized her well-being and guided her through her journey: Megan Smith, MD, and Denay May, CNM (Certified Nurse Midwife) who both offered Tori support and reassurance during her entire journey.

“I went into this very scared and worried about everything,” Tori recalls.

“This was my third pregnancy; I had two miscarriages before, and I only wanted to see Dr. Smith and Denay. They did wonderful things for me during my previous pregnancies and other complications I had over the years.”

Memorial Health System is proud to partner with Ob

complications I had over the years.”

Memorial Health System is proud to partner with Ob Hospitalist Group (ObHG), the largest OBGYN hospitalist provider nationwide. This program provides hospital-based, OBGYN physicians (hospitalists) on-site at Marietta Memorial Hospital 24 hours a day, 365 days a year. These providers do not replace a patient’s regular obstetrician. Rather, the ObHG physicians will take care of urgent OB and GYN matters as well as deliver babies and care for mothers as an extension of their OBGYN provider in their absence.

As Tori grew closer to her delivery date with her son,

Colter, she feared that those same providers she had grown close with would not be available for the delivery. She remembers her hesitation towards the possibility of not having Dr. Smith or Denay at the delivery of her son: “I knew there was a possibility I would get a provider from ObHG, and I didn’t want that. I thought, ‘They don’t know me.’ So, I was very scared about it.”

Following this, Tori immediately expressed her concerns to her providers, who then, in turn, heard her worries and provided her with their professional insight on the program Memorial Health System established a few years back.

“After talking to Dr. Smith and Denay, and gaining their insight, they only had glowing recommendations for every ObHG provider.”

Tori continues, “I had heard of Dr. Shubeck before from a previous patient of hers. She only had great things to say. So, I was very excited when she was the provider who walked through the door.”

After a brief conversation, all the worries Tori once had seemed to fade away, and the same trust and faith she had with Dr. Smith and Denay transferred to Dr. Shubeck.

“She walked in, sat down on the edge of the bed, heard about my wishes and experiences before, and asked

how I wanted to be cared for. She let me do anything and everything that I wanted as long as we were both safe and healthy.”

Tori’s story stands as a testament to how compassionate, individualized, and comprehensive health care can shape someone’s life. Now, months later, Tori and Colter are happy, healthy, and thankful to have had the care they received from the dedicated teams at Memorial Health System.



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Our Partnership with OBHG

Our partnership with Ob Hospitalist Group (ObHG), the largest OBGYN hospitalist provider nationwide, further allows our team to bring the absolute highest standard of care to our patients.

These highly skilled, board-certified OBGYNs provide consistent care to patients in the hospital, as well as emergency care to those arriving in our labor and delivery unit. The first of its

kind program in our region, our obstetricians and patients love the idea that somebody in-house is here when they are needed.

Program Advantages OBGYN Physician Availability



Ob Emergency
Department: Open 24
hours a day, 365 days a year



Available to examine and
evaluate labor, review test
results, and fetal heart rate



Experts at providing
emergency care on-site
if needed



Those two women are the only reason I had this pregnancy. They were completely open and honest with me, and anytime I needed anything, they were there. I never felt like I couldn't ask them anything."

Victoria McGee
Mother



Highly Skilled Providers



Provide medical expertise and optimal patient care



Highly skilled in a variety of different delivery techniques



Board-certified and required to maintain high levels of clinical standards

Communication Across Providers



High value on maintaining communication with other providers within the health system



Focuses on expediting care and easily facilitates connections with other providers



Always on-site to visit, monitor, or discuss questions/concerns with you and loved ones

Community Care

Thank you!

We want to extend a heartfelt 'thank you' to all the incredible student volunteers who have dedicated their time, energy, and passion to make a difference in our community!



Big donation!

MHS raised the funds for Hunger Solutions of the Mid-Ohio Valley donating \$68,519.69 for the Month of Giving! This in total purchases over 18,000 boxes of food at our local food pantries, which equals to 648,000 meals!



We appreciate the support!

St. Marys High School, Lions Club, generously donated several chemo care gift bags for our patients receiving treatment. What a wonderful group of young adults!





LiveMemorialWell

Join Our

Community Partners

Program

Are you a food vendor interested in leading our community to wellness? Partnering with Memorial Health System's LiveMemorialWell opens the door to developing a culture of wellness together. LiveMemorialWell is a community wellness initiative to promote healthy eating choices. If you choose to join us, we will promote your partnership throughout the hospital system and community in various ways.



SCAN NOW

or visit freshstart.mhsystem.org
to learn more!



Breastfeeding Support Group



We have an amazing Breastfeeding Support Group on our Memorial Health System Facebook page! Join or share the group for a safe space to ask questions and share experiences. The group does not provide advice from medical professionals but exists for peer recommendations.

How to access:

Access our online, breastfeeding support group

by going to Memorial Health System's Facebook page, clicking on the 'Groups' tab on the left-hand side of the profile, and choosing "Breastfeeding Support Group." Then, click 'Join Group.'

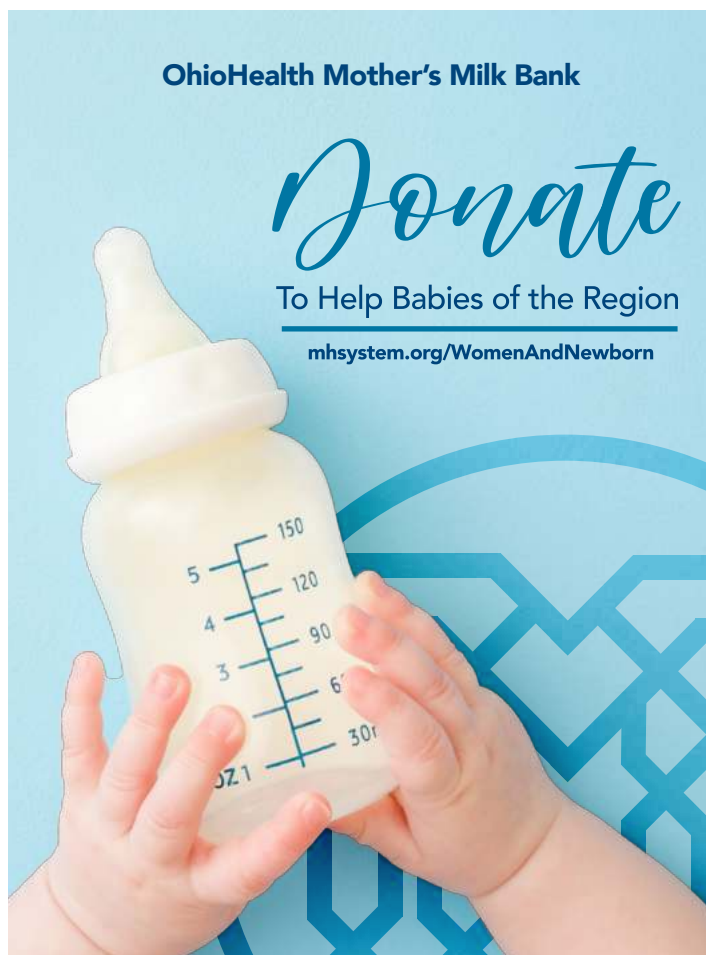
If you have additional questions, contact Jill Shutts, Memorial Health System Lactation Coordinator at (740) 374-1627.

OhioHealth Mother's Milk Bank

Donate

To Help Babies of the Region

mhsystem.org/WomenAndNewborn



CALENDAR OF EVENTS

Bariatric Education & Support

Call (740) 434-0565 for information about support groups and educational sessions.

Breast Cancer Screening & Education Event

Belpre Medical Campus
807 Farson Street
Belpre, Ohio
October 14
Speakers, raffle, vendors, and more!

Cancer Support Group

Belpre Medical Campus
807 Farson Street
Belpre, Ohio
Last Thursday of each month
1 - 2 p.m. | First Floor
Conference Room
Call (740) 401-0257 or
(740) 568-5632 for more
information and for the
updated schedule of sessions.

Diabetes Education Center Classes & Support Groups

Belpre Medical Campus
803 Farson Street, Suite 100
Belpre, Ohio
Individual counseling, group classes, and dietitian visits for people with diabetes and their families. Please call (740) 568-1702 for more information.

Diabetes Youth Support Group

September 30; 11 a.m. - 1 p.m.
(Diabetes Fair)
October 14; 1 - 2 p.m. (Sweet Apple Farms, Vincent, Ohio)
Call (740) 568-1702 for information on meetings, gatherings, and other special events! FREE to participate!

Facebook Live Exercise Classes

Memorial Health System
Facebook Page (@mhssystem)
Every Friday | 11 - 11:45 a.m.
Classes can be found anytime in the "Videos" section under the playlist: "Move!" on our Facebook page.

Fall Multiphasic Lab Screening Drive Thru

Wayne Street Medical Campus
330 E. Eighth Street
7 - 11 a.m.
RSVP at (740) 568-4931
\$45 for women; \$55 for men
Screening include: A1C, complete blood count, complete metabolic lipid panel, lipid profile, thyroid (TSH), PSA (men only)

Free Community Health Screenings

Come visit us at our new screening location!
Frontier Shopping Center
148 Gross Street, Suite A
Marietta, Ohio
8:30 - 10:30 a.m.
Have your blood sugar, blood pressure, and weight checked for free!
Walk-ins are welcome and no appointment is needed!
Call (740) 568-5232 for more information.

Freedom From Smoking (FFS)

The FFS program provides a variety of evidence-based tools and techniques to help you set a quit date, build a quit plan, and become tobacco-free! To learn more about our in person and virtual class options call (740) 541-2714.

Group Exercise Classes

Frontier Shopping Center
148 Gross Street, Suite A
Marietta, Ohio
Call (740) 568-5380 for information or additional class details.
Cost: \$10 per month (unlimited) or \$5 drop-in fee per class.
Variety Class* (Intermediate/Advanced): Mondays and Wednesdays; 8:30 - 9:30 a.m.
Tai Chi Easy (Beginner-friendly): Mondays and Wednesdays; 9:45 - 10:30 a.m.
**Variety classes include strength/body weight training, pound, Zumba, yoga, flexibility, and more!*

LEARN, MOVE, EAT, & SHARE

Head and Neck Cancer Education/Support Services

Belpre Medical Campus
807 Farson Street
September 12; 1 - 2 p.m.
December 12; 1 - 2 p.m.

Hearing Screenings

Wayne Street Medical Campus
800 Wayne Street, Suite 111
Marietta, Ohio
September 26; 9 - 11 a.m.
October 24; 9 - 11 a.m.
November 28; 9 - 11 a.m.
RSVP: (740) 568-4731
FREE for community members
aged 55 and over.

A Matter of Balance

Frontier Shopping Center
148 Gross Street, Suite A
Marietta, Ohio
September - October
Tuesday & Thursday
10 a.m. - 12 p.m.
(Schedule varies by month)
A Matter of Balance is a four-
week, evidence-based falls
prevention class.
No cost to participate!
Must register to attend. Call
(740) 568-5380 to sign up.

Mobile MedCheck

John Dodge Senior Center
Beverly, Ohio
Every second Thursday;
9 a.m. - 12 p.m.
Lower Salem Village Hall
Every fourth Tuesday;
9 a.m. - 12 p.m.
Free community health
screenings including blood
sugar, blood pressure, and
weight checks.

More Than a Makeover

Belpre Medical Campus
807 Farson Street
Belpre, Ohio
(1st Floor Conference Room)
October 16; 10 a.m. - 12 p.m.
Call (740) 423-3617 or
(740) 568-5632.

Online Childbirth Class

Visit mhsystem.org/Events and
click "classes" to sign up.

Sistersville Lab Fall Health Fair

Sistersville General Hospital
September 24 - 30
7 - 11 a.m. each day
RSVP at (740) 568-4931
\$45 for women; \$55 for men
*Screening include: A1C,
complete blood count, complete
metabolic lipid panel, lipid
profile, thyroid (TSH),
PSA (men only)*

Stroke Support Group

Selby General Hospital
Conference Room
Marietta, Ohio
September 12; 5 - 6 p.m.
October 10; 5 - 6 p.m.
November 14; 5 - 6 p.m.
Please call (740) 374-1463
for details.



SCAN
NOW,
LEARN
MORE!

To see a full list of events,
support groups, & classes,
visit mhsystem.org/Events.

*Please note: Scheduled events
are subject to change based on
circumstances.*

*Call the listed contact if you
would like to know if the
activity is still taking place.*



MEMORIAL
HEALTH SYSTEM

401 Matthew Street
Marietta, Ohio 45750

Non-Profit Organization

U.S. Postage

PAID

Marietta, Ohio

INVESTING IN YOU, THAT'S EXPECTING MORE!

STUDENT NURSING INVESTMENT GRANT

For West Virginia University at Parkersburg and Washington State Community College students enrolled in a registered nursing program. Receive a \$6,000 stipend, per semester, to support yourself while obtaining your degree. Checks are written directly to you.



SCAN NOW
EXPECT MORE
LEARN MORE

