



## Marietta Memorial Hospital Department of Gastroenterology

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### GLP-1 Agonist (Procedure Prep)

#### **GLP-1 Agonists:**

- ❖ Dulaglutide (Trulicity)
- ❖ Exenatide (Byetta)
- ❖ Exenatide extended-release (Bydureon)
- ❖ Liraglutide (Victoza)
- ❖ Lixisenatide (Adlyxin)
- ❖ Semaglutide injection (Ozempic)
- ❖ Semaglutide tablets (Rybelsus)
- ❖ Tirzepatide (Mounjaro)

#### **PLEASE HOLD: 1 Week prior to procedure**

Begin a **STRICT** clear liquid diet, 24 hours prior to procedure.

(Even if procedure prep only indicates prep of nothing by mouth after midnight)

#### **Clear liquids include:**

- Coffee (No creamer)
  - Tea
  - Clear Juices (Apple, white grape)
  - Clear Soda (Sprite, 7Up, Ginger Ale)
  - Clear soup broth
  - Banana Popsicles
  - Jello
  - Water/flavored water
  - Sports drinks
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- Avoid liquids with red, orange, blue, or purple food coloring
  - Avoid milk/dairy, alcohol, solid food